

Elos Me LED Light Therapy Mask

User Guide

Head Offices / Contact Addresses:

- **USA:** 1800 N Shelby Oaks Dr, Memphis, TN 38134
- **Sweden:** Svetsarvägen 15, 171 41 Solna
- **Netherlands:** Weena 455, Rotterdam 30

Table of Contents

1. Introduction and Product Components
2. LED Light Therapy Benefits
3. Usage Instructions
4. Notes and Tips

1. Introduction and Product Components

1.1 Product Overview

The LED Light Therapy Mask is designed to provide safe and effective skin care through advanced light therapy technology.

With regular use, it helps improve skin tone, texture, and overall appearance.

1.2 Parts List (Refer to Diagram)

- Silicone Frame
- Indicator Lamp
- Power Switch
- Nose Rest
- LED Lights
- Forehead Buckle
- Sensor Zone
- Charging Port (on mask)
- Charging Base

2. LED Light Therapy Benefits

The mask features four LED light colors — Red, Blue, Orange, and Infrared — each offering specific benefits for various skin concerns:

- **Infrared Light (850nm $\pm$ 5nm)**
Stimulates collagen production, reduces fine lines and wrinkles, improves skin texture and tone, promotes faster healing, and has anti-inflammatory effects.
- **Red LED Light (630nm $\pm$ 5nm)**
Boosts collagen production to minimize fine lines and wrinkles, enhances circulation, improves skin tone and texture, and promotes healing in deeper skin layers.
- **Blue LED Light (415nm $\pm$ 5nm)**
Effective for acne treatment; penetrates the skin to target acne-causing bacteria, reduces inflammation, and promotes clearer skin.
- **Orange LED Light (605nm $\pm$ 5nm)**
Enhances skin radiance, supports collagen synthesis, increases blood circulation, and helps reduce inflammation while promoting healing.

3. Usage Instructions

3.1 Preparation

1. Clean and dry your face before using the mask.
2. Ensure the mask and charging base are fully charged.

3.2 Wearing the Mask

1. Place the silicone frame gently on your face, ensuring the nose rest and forehead buckle fit comfortably.
2. Turn on the device using the Power Switch.

3.3 Selecting the Light Mode

1. Choose the desired light color based on your skin concerns (Red, Blue, Orange, or Infrared).
2. Adjust intensity or duration if the device allows it.

3.4 Recommended Session Time

1. Use the mask for 10–20 minutes per session, 3–4 times per week for best results.
2. Avoid overuse to prevent skin irritation.

3.5 After Use

1. Turn off the device and clean the mask surface with a soft, dry cloth or alcohol-free wipe.
2. Store in a cool, dry place.

4. Notes and Tips

- Always follow the recommended usage instructions.
- Store the device in a safe and dry place.
- Keep out of reach of children.
- For questions or assistance, contact one of our offices listed on the cover.